

# "ONE THING A DAY" CALENDAR

CROSS OFF A BOX FOR EACH "THING" YOU DO THAT TAKES YOU CLOSER TO YOUR GOAL

SMALL CHOICES  
=  
BIG CHANGES

*UnBlah  
Yourself*

UNBLAHYOURSELF.COM

THAT'S	RIGHT	JUST	KEEP	MOVING	ALONG	AND
BEFORE	YOU	KNOW	IT	YOU'LL	BE	WELL
ON	YOUR	WAY	WITH	EVERY	CHOICE	YOU
MAKE	YOU	ARE	ON	AN	INCREDIBLE	JOURNEY
CALLED	YOUR	LIFE	← CONGRATULATIONS, YOU HAVE ACCOMPLISHED 31 INTENTIONAL STEPS TOWARD YOUR GOAL			